



# Karen G Clemenson

1211 18th Ave, Longview WA 98632

360-270-3880 | [karen@wellnessworksnw.com](mailto:karen@wellnessworksnw.com)

**Positivity! Energy! Motivation!**

## Skills

30 Years Marketing Sales  
25 Years Contract Writing  
21 Years Public Speaking

18 Years Counselor/Caregiver  
17 Years Wellness Advocate  
3 Years Security Guard

## Experience

**Rubicon**  
Longview, WA

Security Guard  
August 2022 to present

**Safeway**  
Longview, WA

All Purpose Clerk  
November 2021 to present

**Wellness Works NW**  
Longview, WA

Owner | Wellness Facilitator | Personal Trainer  
November 2014 to present

**Exclaim Media Video & Marketing**  
Longview, WA

Owner | Marketing Consultation & Sales  
August 2010 to December 2015

**Living Ministries**  
Longview, WA

President | Co-founder  
November 2010 to present

**Lower Columbia Mental Health**  
Longview, WA

Certified Counselor Assistant  
April 2004 to August 2006

**Professional Communication Services**  
Longview, WA

Sales Manager | Answering Service Operator  
January 2000 to November 2009

## Education/Military Experience

**Lower Columbia College**  
Human Development

2006 to 2008  
Longview, WA

**United States Army**  
Supply Sargent

1982 to 1988  
High Point, NC

**High Point Central High School**  
General Studies

1979 to 1983  
High Point, NC

## Professional Affiliations

**Home Health & Hospice Foundation**  
Emergency Support Shelter

2010 to 2023  
2019 to 2024

## References

Randy Parr  
Jhohanna Neely  
Gregory Price

30 Years  
21 Years  
21 Years

360-749-2495  
360-560-0311  
360-425-5611